

Northampton & District Cycling Association



FOUNDED 1935

PRESIDENT
Sue Holliday

RULES AND REGULATIONS

2023

THE CONSTITUTION
OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION

1. The name of this body, hereinafter called the Association, is the Northampton & District Cycling Association.
2. The purpose of the Association is to promote events in accordance with Rules and Regulations of the governing bodies in England and Wales, both for its member clubs, individual members and fully open competition together with the furtherance of the sport and pastime of cycling.
3. Any club affiliated to the Controlling Bodies for the sport in England and Wales shall be eligible for membership, subject to the Rules.
4. The management of the Association shall be vested in a Management Committee recruited from the affiliated clubs and individual members consisting of the President, Chairman, General Secretary, Racing Secretary, Points Recorder and Treasurer and such number of additional members as the Annual General Meeting shall from time to time determine.
5. The Annual Meeting shall have the power to make such rules for the conduct of the Association (to be termed the Association rules) and such rules for the conduct of events (to be termed the Racing Rules) as they may deem expedient, and amend or rescind the same from time to time. Such rules and racing rules shall bind all members of the Association.
6. This constitution may be amended only by a resolution submitted to the member clubs of the Association and of which at least twenty-one days notice shall be given. Voting shall be by show of hands at a meeting called to consider the amendments and a majority of two-thirds of the delegates voting shall be required.

THE RULES OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION,

1. ELECTION OF MEMBERS

Membership of the Association shall be open to clubs within the following boundaries The counties of Northamptonshire, Bedfordshire and the old county of Huntingdonshire and in addition the following.

- a) That part of Hertfordshire north of the A505
- b) that part of Buckinghamshire and Oxfordshire north of a line between Great Gaddesden and Bicester and the B1400 between Bicester and Souldern on the Northamptonshire border.
- c) that part of Oxfordshire east of the B4100, A4260 to Banbury, A361 to Daventry culminating at the county boundary between Waddington and Chipping Warden.
- d) that part of Warwickshire, Leicestershire and Rutland east and south of A428, A426 A5, A4303 including bordering towns of Rugby and Lutterworth, A4304 (Kilsby Cross in Hand), J20 (M1), Market Harborough, Great Bowden, B664, A6003 to Uppingham, A6003, A47, A6121 to Stamford.

Except that existing member clubs outside the area so defined be allowed to retain and renew membership subject to the Rules (change of name permitted).

In addition, clubs just outside these boundaries are encouraged to apply for membership on the understanding that such a membership would be an addition to the aims of the association.

Each club desiring membership shall apply to the General Secretary and shall forward with such application the amount of the annual subscription. The Management Committee shall consider all applications and its decision shall be final. On the election of any club, there shall be forwarded to its General Secretary a copy of the Constitution and Rules of the Association.

Individual members are also accepted if they live within the area as denoted above. To become an individual member, a person needs to have ridden 3 Association "Come & Try" events as an unaffiliated rider.

2. FINANCIAL YEAR

The Association's financial year shall commence on November 1st and end on October 31st.

3. SUBSCRIPTIONS

The annual subscription shall become due on 1st November in respect of the ensuing year and shall be sent to the Association Treasurer. If any club shall fail to pay its subscription, then its members will not be entitled to participate in Association Championships or to be awarded any Trophies until such subscription is paid.

Where the subscription remains unpaid on 1st March the Management Committee shall have the power to remove the club from membership of the Association.

An individual member's first year subscription is counted as their first 3 "Come & Try" event fees in excess of over and above the CTT levy. In subsequent years for individuals who subscribe/affiliate the fee will be the same as a club affiliation fee.

4. ASSOCIATION ANNUAL MEETING.

The Association shall meet annually within three calendar months of the end of the financial year.

- (a) To receive the Annual Reports from the Officers and Management Committee.
- (b) To receive the Audited Balance Sheet and Statement of Accounts for the twelve months ending 31st October.
- (c) To elect a President, Chairman, General Secretary, Racing Secretary, Points Recorder, Treasurer and Webmaster plus a Management Committee of up to Five Delegates. Officers and Committee to remain in office until the next Annual Meeting, but any officer or member of the Management Committee may be removed by a resolution at an Association Annual Meeting.
- (d) To elect delegates to the controlling bodies to which the Association is currently affiliated.
- (e) To elect Vice - Presidents.
- (f) To appoint an Auditor who shall not be a member of the Management Committee.
- (g) To transact any other business permitted by the Rules.
- (h) At least six weeks' notice of the Annual Meeting shall be given and items for the agenda of such meetings must be received by the Secretary at least three weeks prior to the date of the meeting. Copies of the agenda papers shall be sent to, the Secretary of each Affiliated Club, President, Vice Presidents and all Committee Members. Additional copies will be available at the Annual General Meeting or on request.

5. PROGRAMME OF EVENTS

A programme of events for the following year including entry fees (which includes the 50p levy per rider to be retained by the Promoting Club), prize values, courses, times of start shall be drawn up by the Management Committee who will allocate events as appropriate to individual clubs for promotion, and if a club declines to accept the allocation, the Annual General Meeting may prohibit that club members from participating in Association Championships and Awarding of Trophies for one or more years.

In addition to the open events, a series of "come & try" category B events may also be organised ad hoc as determined by the Management Committee.

6. DELEGATES TO ANNUAL GENERAL MEETINGS,

Each affiliated club shall be entitled to be represented by two delegates at every Annual and General Meeting of the Association. Any member of an affiliated club may also attend. Only the President, Vice-Presidents and Delegates are entitled to vote, except that the Chairman shall have the right of a casting vote.

7. ELECTION OF PRESIDENT AND VICE PRESIDENTS,

A person having been elected to the office of President for three consecutive years shall not be eligible to seek re-election for a fourth consecutive year. Persons having been elected to the office of Vice-President shall hold such office until a proposition to the contrary is carried at an Annual Meeting.

8. A QUORUM,

A quorum at any General or Annual Meeting shall consist of delegates from not less than one-quarter of the total number of clubs eligible to be represented. A quorum at any Management Committee Meeting shall consist of not less than one-half of the members eligible to attend.

9. MOTIONS BEFORE THE ASSOCIATION.

A motion or amendment before a General or Annual Meeting of the Association shall be declared carried when supported by a simple majority of votes cast except that;-

A motion to recommend the amendment of the constitution or for the making of new or the alteration or rescission of existing Rules and Racing Rules shall appear on the agenda paper of the Annual Meeting and shall be required to have the support of not less than two-thirds of those present and eligible to vote.

A motion before the Management Committee shall be declared carried when supported by a simple majority of votes cast.

10. MANAGEMENT COMMITTEE MEETINGS

The Management Committee shall meet as often as business demands and shall have the power to administer the Association and decide on matters not provided for in the Rules. The chairman shall at all times have the right of a casting vote. The Management Committee has full authority to manage. Any objection to a decision of the Management Committee to be placed on the agenda of the next Annual Meeting.

11. SPECIAL GENERAL MEETINGS

A Special General Meeting may be called;-

- (a) by the Management Committee. or,
- (b) by written request to the Secretary of not less than one-third of the total member clubs.

At least four weeks' notice must be given by the Secretary of such a General Meeting. The agenda papers shall be sent to the Secretary of each affiliated club at least two weeks prior to the date of the meeting.

RACING RULES OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION

1. CONDUCT OF EVENTS

All Road Time Trials shall be run in accordance with the rules and regulations of Cycling Time Trials except where specific amendments are noted relating to Individual Championships.

2. COMPETITORS CLUB

All competitors must enter and ride in the name of their first-claim club, except where their first claim club is not affiliated to Cycling Time Trials. In this case competitors can ride in the name of a club affiliated to Cycling Time Trials of which they are a member. Only those times and distances of Affiliated Clubs members are eligible for the Individual and Team championships. Individual Association members if not members of a CTT affiliated club can ride under the N&DCA name but are not eligible for any team competitions.

3. ASSOCIATION AWARDS

Association Awards and Certificates shall be awarded to the following Individual and Team winners:-
The first three in the Overall, Ladies, Juniors and the Winner of each Masters Category.
To the leading Club Team in the Overall, Ladies and Junior Championships.
The Winner of the Short Distance Championship.
The Winners of the Men's Road Bike Championships and the Ladies Road Bike Championships
All qualifiers who complete a 12 hour shall be awarded the appropriate Certificate

4. TROPHIES

The Association Trophies shall be for perpetual competition, not to be won outright.
The Association Trophies will be presented, then retained by the association.

5. CHANGES TO RACING RULES – The management committee has the right to modify the the racing rules in extenuating circumstances. Notification of any changes must be sent to all affiliated clubs and individual members within one week.

6. INDIVIDUAL CHAMPIONSHIPS

The Association will organise a series of Time Trial events of up to a maximum of 25 miles in length under CTT Rules & Regulations.

The Events can include events held over standard or non-standard distances on out-and-home or circuit type courses. These events will be the qualifying events for the N&DCA Individual and Team Championships.

The results will be decided on a points basis with the rider's highest total obtained from a number of counting events deciding each relevant championship.

In each event one hundred (100) points will be awarded to the highest placed association rider, ninety-nine (99) points for the second placed association rider etc. down to the last association rider in each separate category of Overall, Ladies, Junior and Masters.

All the competitions shall be decided on a scratch basis.

The Individual Championships will be for the following categories:

The championship age groups will be calculated based upon on a riders age when entering their first N.&D.C.A. event of the season.

Rule 6.1 – N&DCA Overall Championship

All categories of riders are eligible to compete in this competition

Rule 6.2 – N&DCA Ladies Championship

All Lady riders are eligible to compete in this competition.

Rule 6.3 – N&DCA Junior Championship

All riders between the age of 12 and 18 when they enter their first N.&D.C.A. event are eligible to compete in this competition.

Rule 6.4 – N&DCA Masters A Championship (Men 50-54 & Ladies 40-44)

All male riders aged between 50 and 54 and female riders aged between 40 and 44 when they enter their first N.&D.C.A. event are eligible to compete in this competition

Rule 6.5 – N&DCA Masters B Championship (Men 55-59 & Ladies 45-49)

All male riders aged between 55 and 59 and female riders aged between 44 and 49 when they enter their first N.&D.C.A. event are eligible to compete in this and competition,

Rule 6.6 – N&DCA Masters C Championship (Men 60-64 & Ladies 50-54)

all male riders aged between 60 and 64 and female riders aged between 50-54 when they enter their first N.&D.C.A. event are eligible to compete in this competition

Rule 6.7 – N&DCA Masters D Championship (Men 65-69 & Ladies 55-59)

All male riders aged between 65 and 69 and female riders aged between 55 and 59 when they enter their first N.&D.C.A. event are eligible to compete in this competition

Rule 6.8 – N&DCA Masters E Championship (Men 70-74 & Ladies 60-64)

All male riders aged between 70 and 74 and female riders aged between 60 and 64 when they enter their first N.&D.C.A. event are eligible to compete in this competition

Rule 6.9 – N&DCA Masters F Championship (Men 75&over & Ladies 65&over)

All male riders aged 75 and over and female riders aged 65 and over when they enter their first N.&D.C.A. event are eligible to compete in this competition.

Counting Events for each Individual Championship

There will be a maximum number of rides that can count towards each competition and this will be based only on the number of events that take place during the year. Events that are cancelled are not included when deciding the maximum number of rides that can count.

For each individual competition the maximum number of rides that count for each rider will be the lowest whole number in excess of half of the total number of events that take place during the season. This would mean: 6 rides when 10 events take place, 5 rides when 9 and 8 events take place, 4 rides when 7 and 6 events take place, 3 rides when 5 events take place etc.

For example: if 10 events were planned during the season but one event was cancelled then a maximum of 5 rides would count towards each competition (not 6 rides because only 9 events took place not 10).

There will be a minimum number of rides required for each competition and this will be based upon the number of events that take place during the year. For each individual competition the minimum number of rides will be the lowest number in excess of a third of the total number of events

that take place during the season.

This would mean 4 rides when 11,10 or 9 events take place. 3 rides when 8, 7 or 6 events take place, 2 rides when 5, 4 or 3 rides take place and 1 ride when 2 or 1 events take

7 - TEAM CHAMPIONSHIPS

These are run in conjunction with the individual championships and will be for the following categories:

Rule 7.1 – N&DCA Overall Team Championship

The Overall Team Championship will be awarded to the Association Club with the highest points score from twice the number of events that took place plus one. This can be any combination of member rides (it could be one ride each from lots of different club members or rides from just 3 club members). This would mean: 21 rides when 10 events take place, 19 rides when 9 events take place, 17 rides when 8 events take place, 15 rides when 7 events take place, 13 rides when 6 events take place, 11 rides when 5 events take place etc.

Rule 7.2 – N&DCA Ladies Team Championship

Rule 7.3 – N&DCA Junior Team Championship

The Ladies and Junior Team Championship will be awarded to the Association Club with the highest points score from the number of events that took place plus one. This can be any combination of member rides (it could be one ride each from lots of different club members or rides from just 2 club members). This would mean: 11 rides when 10 events take place, 10 rides when 9 events take place, 9 rides when 8 events take place, 8 rides when 7 events take place, 7 rides when 6 events take place, 6 rides when 5 events take place etc.

8. SHORT DISTANCE CHAMPIONSHIP

This is to be a Stand Alone Championship awarded to the Fastest Individual Member of a Club Affiliated to the Association, in a Nominated Association 10 mile Time Trial Event.

9. ROAD BIKE CHAMPIONSHIPS

A Road Bike Category will be contested within the series as a standalone season long competition. Riders will indicate their preference when 'signing on' until such time as the CTT allows a preference upon entering. The CTT Road Bike criteria for bicycles, clothing and riding style will apply.

Rule 9.1 – Men's Road bike Championship

This championship is open to all male riders competing on a road bike.

Rule 9.2 – Ladies N.&D.C.A. Road Bike Championships

This championship is open to all female riders competing on a road bike.

The results will be decided on a points basis with the rider's highest total obtained from a number of counting events deciding each championship. In each event 100 points will be awarded to the highest placed association rider, ninety-nine for the second association rider etc. down to the last placed association rider in each category. Both competitions will be decided on a scratch basis.

10. LONG DISTANCE COMPETITION

The Long Distance Competition shall be over 50miles, 100miles and 12hours and be prepared in respect of Affiliated Clubs' Riders, using the BBAR Tables as prepared by Cycling Time Trials.

11.DESIGNATION OF 12 Hour TIME TRIAL

That the Association shall accept a ride done in any 12 hour Time Trial, as listed by Cycling Time Trials, for the purpose of awarding the 'Irthlingborough Trophy' and the 'Memorial Shield' in the following year.

12. PROMOTION OF EVENTS

The Association Management Committee shall have the power to allocate the promotion of a time trial in the following year to a specific club and if that club declines to accept the allocation, the Annual General meeting may prohibit that club from participating in Association Championships and Awarding of Trophies for one or more years.